

# Your Guide to Prepare for Pituitary Adenoma Treatment Trip in Turkey

## Documents and Visa Requirements

- Valid passport and, if required, a visa. Ensure your passport has at least six months' validity from your planned date of return.
- Check visa requirements for Turkey based on your country of origin at [Turkey's Electronic Visa Application System](#).
- Medical documents: referral from your doctor, medical history records, MRI/CT scans, and any previous treatment records concerning your pituitary adenoma.
- Clinics in Turkey may provide additional diagnostics and tests if certain medical documents are missing.

## Accommodation Options

Many clinics partner with local hotels to offer discounted rates or may include accommodation in the treatment package, either free or at an additional cost. Hospital stays are typically part of the treatment plan. Average hotel stay per night can range from \$50 to \$150. Accommodation conditions for an accompanying person are generally included, but it's best to confirm this with your clinic.

## Transfer Services

- Some clinics offer free airport transfers, while others may charge an additional fee.
- Popular taxi services include BiTaksi and iTaksi, with approximate prices starting from 3 TRY (≈\$0.16) per kilometer.

## Interpreter Services

Interpreter services are often available, with some clinics offering them for free, while others may charge an additional fee. It's advisable to check with the clinic beforehand.

## Payment Methods

- Payment options typically include cash and credit/debit cards.
- The local currency is the Turkish Lira (TRY), and it is recommended to have some for minor expenses. Many places also accept major currencies like dollars or euros.

## Before Your Pituitary Adenoma Treatment

- Discuss any medications you're taking with your doctor, as some may need to be paused before surgery.
- Arrange for someone to accompany you, if possible, for support during your stay and assistance post-surgery.
- Prepare a bag with essentials for your hospital stay, including comfortable clothing and personal items.
- Follow any preoperative instructions given by your medical team, such as fasting requirements.
- Plan your recovery space in advance to ensure it's comfortable and conducive to rest.
- Consider local cultural norms and pack appropriate clothing for your time outside of the hospital.
- Have a list of emergency contacts, including family and your medical coordinator from Bookimed.



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**Prepared by Medical Coordinator**  
[Yan Matsiievskiy](#)

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