

Your Guide to Prepare for LASIK Eye Surgery Trip to Spain



Documents and Visa Requirements

- Valid passport or travel document with at least six months remaining validity.
- Check visa requirements based on your country of origin at the official website of the Spanish Ministry of Foreign Affairs or consult the Spanish consulate/embassy in your country.
- Medical records including previous eye examinations, prescriptions, and any relevant medical history.
- Clinics in Spain typically offer diagnostics and tests if certain medical documents are missing or need updating.



Accommodation Options

The clinics in Spain usually do not provide accommodation, but they often have partnerships with local hotels offering discounted rates. A typical hotel stay per night may range from €50 to €150. Patients will have to arrange their own accommodation, but assistance is available through medical coordinators. Hospital stays are generally for the day of the surgery only, with patients staying in an individual chamber.



Transfer Services

- Transfer services are not typically included in the LASIK eye surgery package, but can be arranged at an additional cost.
- Popular taxi services like Taxi Barcelona or Madrid Taxi can be used, with approximate prices starting from €30 for a ride within the city limits.



Interpreter Services

Interpreter services may be available upon request, usually at an extra cost. However, many medical professionals in Spain speak English, so an interpreter might not be necessary. It is best to confirm this with your medical coordinator.



Payment Methods

- Payment for medical services can be made by cash or credit/debit card.
- The local currency is the Euro (EUR), and it is advisable to have some cash on hand for smaller expenses.
- In tourist areas and major cities, payments in euros are widely accepted, and ATMs are readily available.



Pre-Op LASIK Eye Surgery Tips

- Stop wearing contact lenses at least one week before the surgery, as they can alter the shape of your cornea.
- Avoid makeup, lotions, or perfumes the day before and the day of the surgery.
- Arrange for someone to drive you home after the procedure, as your vision may be temporarily impaired.
- Have a pair of sunglasses ready for the trip home to protect your eyes from bright light and glare.
- Ensure you have a comfortable recovery area prepared at your accommodation with minimal exposure to dust and sunlight.
- Follow all pre-operative instructions provided by your ophthalmologist to ensure the best outcome.



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Prepared by Medical Coordinator

[Yan Matsiievskiy](#)

Your personal medical assistant will be with you shortly.
Please stay tuned.