Prepare for Your Kidney

Transplant Trip to Turkey



Documents and Visa Requirements

- Valid passport and, if required, a Turkish visa. Check the latest visa requirements on the official website of the Ministry of Foreign Affairs of Turkey or through the e-Visa portal (https://www.evisa.gov.tr/en/).
- Medical documents: referral letter from a home doctor, medical history records, test results, and a donor consent form (if applicable).
- Clinics in Turkey provide diagnostic services such as abdominal and pelvic CT, consultations with various specialists, and preoperative tests
 if the patient lacks certain medical documents.



Accommodation Options

Many clinics offer apartments or partner with hotels to provide discounted rates. While some packages include accommodation for the patient and companion, others may not. The average hotel stay per night ranges from \$50 to \$150.



Transfer Services

- · Complimentary airport transfers are often included in medical packages.
- Popular taxi services like BiTaksi and iTaksi are available, with prices starting from around 2.50 TRY (\$0.13) per kilometer.



Interpreter Services

Interpreter services are frequently provided by the clinics at no extra cost, ensuring clear communication throughout the treatment process.



Payment Methods

- · Cash and card payments are accepted; however, it's advisable to confirm with the clinic beforehand.
- The local currency is the Turkish Lira (TRY), but many places also accept dollars or euros.



Pre-Op Kidney Transplant Tips

- · Adhere to pre-op instructions regarding diet, medications, and lifestyle changes as directed by your medical team.
- Ensure you have a support system in place for your post-op recovery period.
- Discuss potential risks and post-op care with your transplant team to be fully informed.
- Arrange for post-op accommodations that are comfortable and close to the hospital for easy follow-up visits.
- Consider learning basic Turkish phrases or have a translation app handy for convenience.
- Pack comfortable clothing and personal items that you might need during your hospital stay.
- Stay mentally prepared and have realistic expectations about recovery times and outcomes.



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