

Your Guide to Prepare for Knee Replacement Trip to Germany



Documents and Visa Requirements

- **Valid Passport:** Ensure your passport is valid for at least six months beyond your planned date of departure from Germany.
- **Schengen Visa:** Check if you require a visa to enter Germany by visiting the official website of the German Federal Foreign Office or by contacting the German embassy in your country.
- **Medical Visa:** If applicable, apply for a medical visa, which is specifically for medical treatment in Germany.
- **Medical Documents:** Bring your medical history records, imaging (X-rays, MRI scans), doctor's referral notes, and any previous treatment records related to your knee condition.
- **Diagnostics in Germany:** German clinics can provide additional diagnostics and tests if your medical documents are incomplete, but it's best to have all your medical records for a seamless process.



Accommodation Options

During your hospital stay, you will be accommodated in an individual or two-bed ward, as per your medical package. Partner hotels may offer discounts for extended stays but are typically not included in the medical package. For self-booking, the average hotel stay per night ranges from €50 to €200, depending on the hotel category and location.



Transfer Services

- Transfers from the airport to the clinic and back are generally not included in the medical package.
- Popular taxi services such as MyTaxi or Free Now operate in major German cities, with approximate prices starting from €3 base fare plus €2 per kilometer.



Interpreter Services

Interpreter services may be available through the clinic; however, these are usually not included and come at an additional cost. It is essential to inquire about this service beforehand if you are not proficient in German or English.



Payment Methods

- Payment options typically include cash and credit/debit cards.
- The local currency is the Euro (€), and having local cash is recommended for smaller expenses and convenience.
- While some places might accept dollars or euros, it is advisable to have local currency to avoid any inconvenience.



Pre-Op Knee Replacement Tips

- Follow your doctor's instructions regarding medications and fasting before surgery.
- Engage in light physical activities or exercises as recommended by your doctor to maintain muscle strength.
- Organize your home to avoid the need for climbing stairs or reaching for high objects post-surgery.
- Arrange for someone to assist you at home during the initial recovery period.
- Pack comfortable and loose-fitting clothes for your hospital stay and post-operative appointments.
- Consider bringing personal items that may aid in comfort, such as a pillow for leg elevation.
- All postoperative instructions will be provided by your knee replacement doctor.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.