

Prepare for Your Knee replacement Trip to Turkey



Documents and Visa Requirements

- Passport valid for at least 6 months from the date of entry into Turkey.
- Visa requirements vary by country. Check the latest information at www.evisa.gov.tr.
- Referral letter from local doctor, medical history, and X-rays.
- Clinics in Turkey provide diagnostics like blood tests and ECG if lacking.



Accommodation Options

Patients can choose from partner hotels with special rates or book independently. While hospital stays are included in the treatment, hotel accommodation is not always covered and may cost on average \$50-\$100 per night.



Transfer Services

- Some clinics offer free airport transfers, while others may charge a fee.
- Popular taxi services like BiTaksi offer rides in major cities, starting around 1.5 TL/km (\$0.08/km).



Interpreter Services

Interpreter services are often available for free or a fee, depending on the clinic's policies.



Payment Methods

- Most clinics accept cash and credit cards.
- The local currency is Turkish Lira (TL), and having local cash can be handy for small expenses.
- Many places accept payments in dollars or euros, but it's advisable to have some local currency.



Pre-Op Knee replacement Tips

- Discuss all medications and supplements with your orthopedist before the surgery.
- Arrange for someone to assist you after the procedure, as mobility will be limited.
- Follow a healthy diet and refrain from smoking to enhance recovery.
- Perform any recommended pre-operative exercises or physical therapy.
- Prepare your home for post-surgery accessibility (e.g., remove tripping hazards).
- Set realistic expectations and understand the post-operative rehabilitation process.
- Ensure you know the signs of complications to watch for after surgery.
- All postoperative instructions will be provided by your knee replacement doctor.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.