

# Prepare for Your Labiaplasty Trip to Turkey



## Documents and Visa Requirements

- Valid passport or travel document with a minimum validity of 60 days beyond the duration of stay.
- Visa requirements vary by country; visit [e-Visa](#) or [Republic of Turkey Ministry of Foreign Affairs](#) for information based on your nationality.
- Medical documents: referral note from your local doctor, medical history, and any previous labiaplasty consultations or reports.
- Clinics in Turkey typically provide preoperative diagnostics and tests if the patient does not have the required medical documents.



## Accommodation Options

Most clinics in Turkey offer hospital stays during the procedure with options for partner hotels at discounted rates post-surgery. While some clinics provide free accommodation, others may charge. Self-booking is also available. The average hotel stay per night is approximately \$50 to \$150.



## Transfer Services

- Many clinics offer free airport transfers; otherwise, VIP transfer services could be arranged at an additional cost.
- Popular taxi services include BiTaksi and iTaksi with fares starting around 3.45 TRY (\$0.18) per kilometer.



## Interpreter Services

Interpreter services are often provided free of charge by the clinics. However, if not included, there may be a fee depending on the language and duration required.



## Payment Methods

- Cash and credit/debit card payments are widely accepted.
- The local currency is the Turkish Lira (TRY), and it is recommended to have some for smaller expenses.
- Many places also accept payments in US dollars or euros, but local currency is preferred for day-to-day expenses.



## Pre-Op Labiaplasty Tips

- Follow any pre-surgery instructions provided by your surgeon, including medication and diet guidelines.
- Arrange for post-operative care and assistance as needed for the initial recovery period.
- Avoid smoking and alcohol consumption at least a week before the surgery to promote better healing.
- Discuss any concerns or questions with your medical coordinator or surgeon prior to the procedure.
- Ensure you understand the recovery process and any activities or actions to avoid post-surgery.
- Pack loose and comfortable clothing to wear after the surgery to avoid irritation on the treated area.
- Plan for a period of limited physical activity following the operation, as advised by your surgeon.



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**Prepared by Medical Coordinator**

[Yan Matsiievskiy](#)

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