

Your Guide to Prepare for Laser eye surgery Trip to Germany



Documents and Visa Requirements

Ensure you have a valid passport for international travel to Germany. Most travelers will need a visa, and the requirements vary based on your country of origin. Check the visa requirements on the official website of the German Federal Foreign Office or at your local German embassy. Bring necessary medical documents like your medical history, any previous eye examinations, and a referral from your ophthalmologist. If you lack certain medical documents, clinics in Germany can provide diagnostics and tests before surgery.



Accommodation Options

Clinics in Germany may offer hospital stays for the duration of your treatment; however, these are not typically free of charge. Partner hotels may offer discounts for patients, and you can also book accommodations on your own. The average hotel stay per night can vary but expect to pay approximately €100-€150.



Transfer Services

- Clinics may offer free or paid airport transfer services; check with your clinic for specifics.
- Popular taxi services, such as Free Now or MyTaxi, operate in major cities, with average prices starting from €20 for a short ride.



Interpreter Services

Interpreter services are usually available, either free or at an additional cost, depending on the clinic. It's advisable to confirm this service and its cost with your medical coordinator.



Payment Methods

- Payment can be made using cash or card.
- The local currency is the Euro (EUR), and it's recommended to have some on hand for smaller expenses.
- While some establishments may accept dollars or euros, having local currency will ensure a more comfortable traveling experience.



Pre-Op Laser eye surgery Tips

- Avoid wearing contact lenses for at least a week before the surgery.
- Arrange for someone to accompany you on the day of surgery, as you will not be able to drive afterwards.
- Do not wear any makeup, lotions, or perfumes on the day of surgery.
- Ensure you have sunglasses to protect your eyes from bright lights and glare post-surgery.
- Discuss any medications you are taking with your surgeon as some may need to be stopped before the procedure.
- Follow any fasting instructions provided by the clinic prior to surgery.
- Stay well-hydrated and get a good night's sleep before the operation.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.