

Prepare for Your Laser Eye Surgery Trip to Spain



Documents and Visa Requirements

- Valid passport or travel document.
- European Health Insurance Card (EHIC) for EU residents or travel insurance that covers medical expenses.
- Visa for non-EU residents, if required. Check the Spanish Ministry of Foreign Affairs website for visa requirements: www.exteriores.gob.es.
- Referral letter from your local doctor, detailed medical history, and any previous eye-related medical records.
- Many clinics in Spain offer diagnostic tests prior to surgery if you lack certain medical documents.



Accommodation Options

While accommodation is not included in the treatment packages, clinics often assist with booking hotel rooms at special partner prices. Expect to spend an average of €70-€150 per night in a hotel, depending on the location and level of comfort. For longer stays, consider renting an apartment.



Transfer Services

- Free airport transfers may be offered by some clinics; otherwise, paid services are available.
- Popular taxi services like Taxi Barcelona or MyTaxi offer rides from the airport to the city center for approximately €30-€40.



Interpreter Services

Interpreter services are generally available for an additional cost. Some clinics may provide this service for free or include it in the treatment package. It's recommended to clarify this with the clinic beforehand.



Payment Methods

- Payment options typically include cash and credit/debit cards.
- The local currency is the Euro (€), and it's advisable to have some local currency for small expenses, though many places also accept cards.
- While some places may accept dollars or euros, it's more practical to pay in the local currency.



Pre-Op Laser Eye Surgery Tips

- Contact your clinic to understand preoperative instructions, such as avoiding contact lenses for a certain period.
- Discuss any medications you're taking with your surgeon, as some may need to be stopped before surgery.
- Arrange for someone to accompany you on the day of surgery, as you'll be unable to drive afterwards.
- Ensure you have a comfortable place to rest post-surgery, as you'll need to avoid straining your eyes.
- Keep sunglasses handy to protect your eyes from bright lights and glare post-surgery.
- Follow a healthy diet and hydrate well before the procedure to promote better healing.
- Plan for a relaxed schedule after surgery to allow sufficient time for recovery.
- Remember all postoperative instructions will be provided by your laser eye surgery doctor.



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Prepared by Medical Coordinator

[Yan Matsiievskiy](#)

Your personal medical assistant will be with you shortly.
Please stay tuned.