Prepare for Your Laser Hair Removal Trip to Turkey



Documents and Visa Requirements

- Passport valid for at least six months beyond your stay.
- Return ticket and proof of accommodation.
- Visa, if required (check on the Republic of Turkey's e-Visa website).
- Medical documents: medical history, any previous treatment records, and a note from your doctor if under medication.
- · Clinics in Turkey may provide necessary diagnostics if certain medical documents are not available.



Accommodation Options

Clinics in Turkey typically do not provide free accommodation. However, they may assist with booking hotel rooms at special partner prices. Average hotel stay per night ranges from \$50 to \$150.



Transfer Services

- Clinics may offer free or paid airport transfers.
- Popular taxi services like BiTaksi or Istanbul Taxi operate with approximate prices starting from \$0.50 per km.



Interpreter Services

Interpreter services are available, and some clinics may offer this for free or at an additional cost.



Payment Methods

- Cash and credit/debit card payments are accepted.
- Turkey's local currency is the Turkish Lira (TRY), and it is recommended to have some for convenience.
- · Many places also accept payments in dollars or euros.

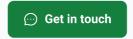


Pre-Op Laser Hair Removal Tips

- Avoid waxing, plucking, or depilatory creams for at least 4 weeks before treatment.
- Shave the treatment area 1-3 days before, depending on the laser type used.
- Stay out of the sun to prevent skin spots; consider starting treatments in winter.
- Inform your specialist of any medications for skin conditions.
- Do not bleach hair before sessions as it is less effective on light hair.
- Consult a doctor if you have coagulation issues or are pregnant.
- If pain relief is desired, apply numbing cream 1 hour before the session.
- Notify your specialist if you have tattoos in the treatment area.



Connect with a Bookimed coordinator for clinic search and trip planning assistance



Bookimed's Accreditation and Expertise Certificates















900 000+ clients worldwide found best treatment with Bookimed



Prepared by Medical Coordinator Yan Matsiievskiy

Your personal medical assistant will be with you shortly.

Please stay tuned.