

# Prepare for Your Laser Hair Removal Trip to Turkey



## Documents and Visa Requirements

- Passport valid for at least six months beyond your stay.
- Return ticket and proof of accommodation.
- Visa, if required (check on the Republic of Turkey's e-Visa website).
- Medical documents: medical history, any previous treatment records, and a note from your doctor if under medication.
- Clinics in Turkey may provide necessary diagnostics if certain medical documents are not available.



## Accommodation Options

Clinics in Turkey typically do not provide free accommodation. However, they may assist with booking hotel rooms at special partner prices. Average hotel stay per night ranges from \$50 to \$150.



## Transfer Services

- Clinics may offer free or paid airport transfers.
- Popular taxi services like BiTaksi or Istanbul Taxi operate with approximate prices starting from \$0.50 per km.



## Interpreter Services

Interpreter services are available, and some clinics may offer this for free or at an additional cost.



## Payment Methods

- Cash and credit/debit card payments are accepted.
- Turkey's local currency is the Turkish Lira (TRY), and it is recommended to have some for convenience.
- Many places also accept payments in dollars or euros.



## Pre-Op Laser Hair Removal Tips

- Avoid waxing, plucking, or depilatory creams for at least 4 weeks before treatment.
- Shave the treatment area 1-3 days before, depending on the laser type used.
- Stay out of the sun to prevent skin spots; consider starting treatments in winter.
- Inform your specialist of any medications for skin conditions.
- Do not bleach hair before sessions as it is less effective on light hair.
- Consult a doctor if you have coagulation issues or are pregnant.
- If pain relief is desired, apply numbing cream 1 hour before the session.
- Notify your specialist if you have tattoos in the treatment area.



**Connect with a Bookimed coordinator for clinic search and trip planning assistance**

 **Get in touch**

## Bookimed's Accreditation and Expertise Certificates



**900 000+ clients worldwide**

found **best treatment** with Bookimed



**Prepared by Medical Coordinator**

[Yan Matsiievskiy](#)

Your personal medical assistant will be with you shortly.  
Please stay tuned.