Prepare for Your Laser Skin Resurfacing Trip to Turkey



Documents and Visa Requirements

- · Passport valid for at least six months beyond your stay.
- e-Visa or sticker visa from Turkish consulates, depending on nationality. Check requirements at evisa.gov.tr.
- · Medical documents: referral notes, past medical history, and relevant test results.
- Clinics in Turkey can provide diagnostics and tests if necessary, often at an additional cost.



Accommodation Options

Accommodation is not included with the Laser Skin Resurfacing procedure. Patients can choose from partner hotels at special prices or self-book. Hospital stays are usually 1 day. Average hotel price per night ranges from \$50 to \$150.



Transfer Services

- Transfer services are not included; clinics may assist with arrangements.
- Popular taxi services like BiTaksi and iTaksi have approximate prices starting from \$0.40 per km.



Interpreter Services

Language assistance is included in the Laser Skin Resurfacing package. Additional interpreter services may incur extra costs.



Payment Methods

- Payments can be made with cash or credit/debit cards.
- Local currency (Turkish Lira) is recommended for smaller expenses, but dollars or euros are widely accepted.



Pre-Op Laser Skin Resurfacing Tips

- Avoid sun exposure and tanning for at least one month before the procedure.
- Discontinue any retinoid treatments and exfoliating agents a few weeks prior.
- Do not smoke or consume alcohol at least a week before the surgery as it can affect healing.
- Stay hydrated and maintain a healthy diet to promote better recovery.
- Inform your doctor of any medications or supplements you are taking.
- Arrange for someone to accompany you on the day of the procedure if possible.
- Prepare a comfortable, recovery-friendly space in your accommodation.



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Prepared by Medical Coordinator Yan Matsiievskiy

Your personal medical assistant will be with you shortly.

Please stay tuned.