

Prepare for Your Rhinoplasty Trip to Turkey

Documents and Visa Requirements

- Valid passport or travel ID as required for international travel to Turkey.
- Check visa requirements specific to your country at [Turkey's Electronic Visa Application System](#) or contact the Turkish Embassy.
- Medical documents: Doctor's referral, medical history, and any previous liposuction consultations or reports.
- Clinics in Turkey can provide diagnostics and tests if certain medical documents are not available prior to arrival.

Accommodation Options

Most clinics partner with local 5-star hotels, where patients can stay during their medical visit. Some packages include free accommodation for the patient and a companion, as well as free breakfasts throughout the stay. If accommodation is not included, clinics often offer discounted rates at partner hotels. Hospital stays are typically included for the night following the procedure. The average hotel stay per night in Turkey varies but is generally around \$50-\$150.

Transfer Services

- Many clinics offer free airport transfers to and from the hotel and clinic.
- Popular taxi services like BiTaksi and iTaksi offer rides in major cities, with fares starting around 3 TRY (\$0.16) per kilometer.

Interpreter Services

Interpreter services are often provided free of charge by the clinics for non-Turkish speaking patients to ensure clear communication during the medical process.

Payment Methods

- Cash and card payments are widely accepted.
- The local currency is Turkish Lira (TRY), and it's recommended to have some for small expenses.
- Many places accept payment in dollars or euros, but it's advisable to have local currency for convenience.

Pre-Op Liposuction Tips

- Consult with your doctor about any medications you should avoid before surgery.
- Maintain a stable weight; significant fluctuations can affect the results.
- Quit smoking at least two weeks before the procedure to promote better healing.
- Avoid consuming alcohol and certain herbal supplements that can increase bleeding.
- Arrange for someone to assist you after the procedure, as you will need rest.
- Follow a healthy diet and stay hydrated leading up to the surgery.
- Wear loose, comfortable clothing on the day of the surgery for ease and comfort.
- All postoperative instructions will be given by your Liposuction doctor.



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Prepared by Medical Coordinator

[Yan Matsiievskiy](#)

Your personal medical assistant will be with you shortly.
Please stay tuned.