Prepare for Your Liver

Transplant Trip to Turkey



Documents and Visa Requirements

- Passport valid for at least six months beyond your stay.
- Visit the Republic of Turkey Electronic Visa Application System at evisa.gov.tr to check visa requirements for your country.
- · Medical documents: referral letter from your doctor, medical history records, liver transplant evaluation results.
- Clinics in Turkey offer diagnostics like CT, MRI, biochemistry blood tests, and consultations with specialists if certain documents are absent



Accommodation Options

Patients typically stay in a private hospital room (individual chamber) during their hospitalization. Post-discharge, clinics may partner with hotels to offer discounts, or you can choose to self-book. Some packages include free accommodation, while others do not. The average hotel stay per night may range from \$50 to \$150.



Transfer Services

- Some clinics provide free VIP airport transfers; others may charge for this service.
- Popular taxi services like BiTaksi and Istanbul Taxi operate in major cities, with fares starting around 3.45 TRY/km (\$0.18/km).



Interpreter Services

Interpreter services are typically available. Some clinics offer this for free, while others may charge a fee. Translating medical reports into English is usually provided at no extra cost before discharge.



Payment Methods

- · Cash and card payments are accepted.
- The local currency is the Turkish Lira (TRY), and it's recommended to have some for small expenses.
- · Paying in USD or EUR is possible in many places, but it's advisable to carry local currency for convenience.



Pre-Op Liver Transplant Tips

- Follow a healthy diet and avoid alcohol to prepare your body for surgery.
- Discuss all medications you're taking with your doctor to avoid any complications.
- Plan for a recovery period and arrange for help at home if needed.
- Stay informed about the procedure and ask your doctor about any concerns.
- Prepare emotionally for the surgery by talking to a counselor or support group.
- Organize all your medical records and keep them accessible for your medical team.
- Confirm with your insurance provider about coverage and get a clear understanding of costs.
- Rest as much as possible before the operation to be in the best physical state for recovery.



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Prepared by Medical Coordinator Yan Matsiievskiy

Your personal medical assistant will be with you shortly.

Please stay tuned.