Prepare for Your

Lymphoma Treatment in

Poland



Documents and Visa Requirements

- Passport or travel ID valid for at least six months beyond your stay.
- Check visa requirements and apply if necessary at Poland Visa Information based on your country of origin.
- Medical referral, health history, and treatment plan from your home doctor.
- · Polish clinics can provide diagnostics and tests if certain medical documents are missing.



Accommodation Options

Clinics in Poland may offer apartments for patient stays; inquire whether this is complimentary or at additional cost. Partner hotels may provide discounts, while self-booking is also an option. Average hotel price per night is around 50-150 EUR. Accommodations for accompanying persons can be arranged, often in the same facility or nearby.



Transfer Services

- VIP transfer services may be provided by clinics; check if this is complimentary or requires an additional fee.
- Popular taxi services include iTaxi and Free Now, with approximate prices ranging from 1.80 to 3.00 PLN/km.



Interpreter Services

Interpreter services are often available through the clinic, either complimentary or for a fee. It's recommended to confirm this service in advance.



Payment Methods

- · Payments can be made via cash, credit or debit card.
- The local currency is the Polish Zloty (PLN), and having local cash is recommended for smaller expenses.
- In some places, payment in dollars or euros may be accepted, but it's not guaranteed.



Before Your Lymphoma Treatment

- Arrange for a local SIM card or roaming plan to stay connected.
- Discuss potential side effects and recovery expectations with your doctor beforehand.
- Prepare a list of medications and allergies to share with your medical team in Poland.
- Ensure you have enough of your current medications to last through your trip.
- Consider light exercise and a nutritious diet to bolster your immune system before treatment.
- Plan for adequate rest and arrange support for aftercare if necessary.
- All postoperative instructions will be given by your Lymphoma treatment doctor.



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Prepared by Medical Coordinator Yan Matsiievskiy

Your personal medical assistant will be with you shortly.

Please stay tuned.