

Prepare for Your Breast lift Trip to Germany



Documents and Visa Requirements

- Valid passport or travel document with at least 3 months beyond the intended departure from Germany.
- Visa requirements vary; check the German Federal Foreign Office website or consult with the German embassy/consulate in your country.
- Medical documents such as medical history, imaging results, and any previous surgery records related to the breast lift procedure.
- Clinics in Germany can provide diagnostics and tests if certain medical documents are missing.



Accommodation Options

The clinic offers a two-bed ward for patient stays. Partner hotels may provide discounts, and self-booking options are also available. Accommodation is not included for free; the average hotel stay per night ranges from €80 to €150.



Transfer Services

- Airport transfers are not included in the medical services; however, clinics may assist in arranging them for a fee.
- Popular taxi services such as Taxi Deutschland or MyTaxi can be used, with approximate prices starting from €3 base fare plus €2 per kilometer.



Interpreter Services

Interpreter services are available. While some clinics may offer this for free, others may charge a fee. It is advisable to confirm with the clinic beforehand.



Payment Methods

- Payments can be made using cash or card.
- The local currency is the Euro (€), and it is recommended to have local currency for convenience.
- While some establishments may accept dollars or euros, it is not common; having Euros is necessary for comfortable traveling.



Pre-Op Breast lift Tips

- Follow any pre-op instructions provided by your surgeon, including dietary restrictions and medication adjustments.
- Avoid smoking and alcohol at least two weeks before the surgery to promote better healing.
- Arrange for someone to accompany you on the trip, as support is important during recovery.
- Prepare a recovery area at your accommodation with essentials within easy reach.
- Ensure you have comfortable, loose clothing that does not need to be pulled over your head.
- Plan for adequate time off work for your recovery, usually a few weeks.
- Consider the language barrier and have a translation app ready if needed.
- Keep all your medical records and contact information for your medical coordinator handy.



Connect with a Bookimed coordinator for clinic search and trip planning assistance

 **Get in touch**

Bookimed's Accreditation and Expertise Certificates



900 000+ clients worldwide

found **best treatment** with Bookimed



Prepared by Medical Coordinator

[Yan Matsiievskiy](#)

Your personal medical assistant will be with you shortly.
Please stay tuned.