

Prepare for Your Breast lift Trip to Turkey



Documents and Visa Requirements

- Passport with at least six months validity from the date of entry into Turkey.
- For visa requirements, visit the Turkish Ministry of Foreign Affairs website or [e-Visa application](#) system to check based on your country.
- Medical documents: health history, any previous mammograms, or breast biopsies.
- Clinics in Turkey offer preoperative tests such as blood tests and diagnostic imaging if required.



Accommodation Options

Many clinics in Turkey provide hospital stays for the duration of the procedure and partner with local hotels for additional recovery time. Some may offer this for free or at discounted rates. Self-booking is also an option. Average hotel stay per night ranges from \$50 to \$150.



Transfer Services

- Clinics typically offer free airport transfers; confirm with your clinic.
- Popular taxi services like BiTaksi and iTaksi operate in major cities, with fares starting around 3-4 Turkish Lira per km.



Interpreter Services

Interpreter services are often provided by the clinic, sometimes free of charge. It's best to confirm the availability and cost with your medical provider beforehand.



Payment Methods

- Clinics in Turkey accept cash and credit cards.
- The local currency is the Turkish Lira (TRY). It's recommended to have local currency for small expenses, although USD and EUR are widely accepted.



Pre-Op Breast lift Tips

- Consult with your surgeon about any medications you should avoid before surgery.
- Stop smoking at least a few weeks prior to the procedure to promote better healing.
- Avoid eating or drinking after midnight the day before your surgery.
- Arrange for someone to drive you home and stay with you for at least the first night following surgery.
- Prepare your home with items you'll need during recovery, such as ice packs and loose, comfortable clothing.
- Follow your surgeon's pre-operative bathing instructions to reduce the risk of infection.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.