

Prepare for Your **Mini Facelift Trip** to Turkey



Documents and Visa Requirements

- Valid passport with at least six months remaining before expiration.
- For visa requirements, patients can check the e-Visa portal of Turkey (evisa.gov.tr) or consult their local Turkish embassy to confirm if a visa is needed based on their country of origin.
- Medical records related to the Mini Facelift procedure, including any previous cosmetic procedures.
- Clinics in Turkey often provide diagnostic tests if the patient's medical documentation is incomplete.



Accommodation Options

Clinics typically offer a package that includes a hospital stay for the procedure and post-operative recovery, followed by accommodation at a partner hotel. Some clinics may offer these accommodations for free, while others may charge additional fees. Partner hotels often provide discounted rates for patients. For self-booking, the average hotel stay per night ranges from \$50 to \$150, depending on the hotel's rating and location.



Transfer Services

- Many clinics offer free airport transfers to and from the hotel or hospital.
- Popular taxi services like BiTaksi and iTaksi operate in major Turkish cities, with approximate prices starting from around 1.5 TRY per kilometer.



Interpreter Services

Interpreter services are often available, with some clinics offering them free of charge while others may require payment. It's best to confirm with the clinic beforehand.



Payment Methods

- Clinics accept various payment options, including cash and credit/debit cards.
- The local currency is the Turkish Lira (TRY), and it's advisable to have some local cash for minor expenses.
- Many places also accept payments in dollars or euros, but it's recommended to exchange some money into TRY for convenience.



Pre-Op Mini Facelift Tips

- Consult with your doctor about any medications you're taking and their compatibility with surgery.
- Stop smoking at least two weeks before the surgery to promote better healing.
- Avoid taking aspirin, anti-inflammatory drugs, and herbal supplements as they can increase bleeding.
- Arrange for someone to drive you to and from surgery and to stay with you for at least the first night following surgery.
- Maintain a healthy diet and stay hydrated leading up to your procedure.
- Follow your surgeon's instructions regarding pre-operative washing/showering and any fasting requirements.
- Wear loose, comfortable clothing on the day of surgery that does not need to be pulled over your head.
- Have realistic expectations and discuss the recovery process and potential results with your surgeon beforehand.



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Prepared by Medical Coordinator

[Yan Matsiievskiy](#)

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