Your Guide to Prepare for Multiple Sclerosis Treatment in Turkey



Documents and Visa Requirements

- · Valid passport or travel document.
- Visa requirements vary by country; check the current regulations for Turkey at e-Visa official website.
- · Referral from your local doctor, medical history, and records detailing your Multiple Sclerosis condition.
- · Clinics in Turkey may provide diagnostic services for patients missing certain medical documents.



Accommodation Options

Accommodation can be arranged upon request. Options include hospital stays, partner hotels with special rates, or self-booking. Average hotel stay per night is approximately \$50-\$100. Accompanying person's stay conditions are subject to the hospital or hotel policies.



Transfer Services

- Transfer services from the airport to the clinic and back may be provided on request.
- Popular taxi services in Turkey include BiTaksi and iTaksi, with prices starting around 2-3 TRY per kilometer.



Interpreter Services

Interpreter services are available and may be provided for free or at an additional cost depending on the clinic's policy.



Payment Methods

- Payment can be made with cash or card.
- Local currency (Turkish Lira TRY) is recommended for small expenses; ATMs are widely available.
- While some places accept dollars or euros, it is advisable to have local currency for convenience.



Before Your Multiple Sclerosis Treatment

- Consult with your local doctor about the planned treatment and any necessary preparations.
- Ensure you have sufficient medication for the duration of your trip.
- Prepare a list of questions or concerns to discuss with the Turkish medical team.
- Carry copies of your medical records and prescriptions.
- Rest well before the trip and follow any pre-treatment instructions given by your doctor.
- Inform the clinic of any special needs or allergies well in advance.
- Plan for adequate recovery time post-treatment, as advised by the clinic.



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Prepared by Medical Coordinator Yan Matsiievskiy

Your personal medical assistant will be with you shortly.

Please stay tuned.