

Your Guide to Prepare for Neurological Rehabilitation Trip to Germany



Documents and Visa Requirements

- Valid passport or travel document with at least 3 months validity beyond the planned stay.
- Visa applications should be made at the German Embassy or Consulate in your country. Check the requirements at auswaertiges-amt.de.
- Medical documents: referral from a local doctor, medical history, recent medical reports, and imaging related to neurological condition.
- German clinics can provide additional diagnostics and tests if necessary medical documents are missing.



Accommodation Options

Patients are responsible for their accommodation, as it is not included in the medical package. Clinics may have partner hotels offering discounts. Hospital stays are included in the full-board rehabilitation program. Average hotel price per night ranges from €80 to €200.



Transfer Services

- Regular airport-hotel-clinic transfer services are available; some clinics offer these services for free, while others may charge a fee.
- Popular taxi services include Free Now, MyTaxi, and Taxi.eu. Approximate price for a city ride is around €15-€25.



Interpreter Services

Interpreter services are available, often at an additional cost. The Marianowicz Zentrum offers an interpreter as part of their service package, which is helpful for non-German speaking patients.



Payment Methods

- Cash and card payments are widely accepted.
- The local currency is the Euro (EUR), and it is advisable to have some for minor expenses.
- Payments in dollars or euros are acceptable, but having local currency is recommended for convenience.



Pre-Op Neurological Rehabilitation Tips

- Ensure you have a copy of all your medical records and medication list.
- Consult with your local doctor about the rehabilitation plan and any necessary vaccinations.
- Arrange for travel insurance that covers medical treatments abroad.
- Prepare a list of questions for your rehabilitation specialist in Germany.
- Practice any pre-rehabilitation exercises recommended by your doctor.
- Plan for a companion if support will be needed during your stay.
- Organize your finances and make sure you have access to additional funds in case of unexpected expenses.
- All postoperative instructions will be given by your Neurological Rehabilitation doctor.





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