

Prepare for Your Neurological Rehabilitation Trip to Turkey



Documents and Visa Requirements

- Passport valid for at least 6 months from the date of entry into Turkey.
- Visa, if required, which can be checked and obtained through the official Republic of Turkey Electronic Visa Application System at www.evisa.gov.tr.
- Medical records detailing neurological history, including MRI scans, CT scans, and other relevant medical reports.
- Clinics in Turkey offer diagnostic services for patients missing certain medical documents, including imaging tests and consultations.



Accommodation Options

Neurological rehabilitation clinics do not typically provide free accommodation, but assistance is available for booking hotel rooms at special partner prices. Average hotel stay per night ranges from \$50 to \$150, depending on the hotel's quality and location.



Transfer Services

- Some clinics offer free airport transfers, while others do not include this service.
- Popular taxi services such as BiTaksi or iTaksi are available with approximate prices starting from \$0.5 per kilometer.



Interpreter Services

Interpreter services are often available, either free of charge or for a fee, depending on the clinic's policy. It is advisable to confirm this service with the clinic beforehand.



Payment Methods

- Payments for medical services can be made using cash or card.
- The local currency is the Turkish Lira (TRY), and having some on hand is recommended for smaller expenses.
- Many places also accept payments in US dollars or euros, but it's more cost-effective to pay in TRY.



Pre-Op Neurological Rehabilitation Tips

- Ensure all current medical prescriptions and over-the-counter medications are disclosed to the rehabilitation team.
- Discuss your dietary restrictions and preferences with the rehabilitation center in advance.
- Bring comfortable clothing and personal assistive devices if needed.
- Learn basic Turkish phrases for healthcare settings or ensure you have access to translation services.
- Keep a list of emergency contact numbers handy, including your medical coordinator's.
- Stay hydrated and follow a healthy diet leading up to your rehabilitation program.
- Understand the rehabilitation process and set realistic goals for recovery.
- Remember, all postoperative instructions will be given by your Neurological Rehabilitation doctor.



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Your personal medical assistant will be with you shortly.
Please stay tuned.