

# Your Guide to Prepare for Orthognathic Surgery Trip in Spain



## Documents and Visa Requirements

- International travelers to Spain must have a valid passport with at least 6 months remaining before expiry.
- Visit [Spain's Ministry of Foreign Affairs](#) for up-to-date visa requirements, or check with the Spanish consulate in your country.
- Carry medical documents like referral letters, medical history records, and X-rays related to your Orthognathic surgery.
- If you lack specific medical documents, Teknon Medical Centre in Barcelona offers consultations at 350 EUR to assess your needs and provide official medical opinions.



## Accommodation Options

Patients undergoing Orthognathic surgery in Spain have several accommodation options:

- An individual chamber is provided during the 3-day hospital stay.
- Partner hotels may offer discounts; however, booking through medical travel arrangements can secure special prices.
- Self-booking is also an option, with average hotel stays in Barcelona ranging from 100 to 250 EUR per night.



## Transfer Services

- Clinics in Spain typically do not include free airport transfers.
- Popular taxi services like Taxi Barcelona and Cabify operate in major cities, with airport transfers starting around 30 EUR.



## Interpreter Services

Interpreter services are often available through the clinic or hospital, with costs varying by provider. These services may not be free and should be arranged in advance.



## Payment Methods

- Payments for medical services can be made with cash or card.
- The local currency is the Euro (EUR), and it's recommended to have some for minor expenses.
- Paying in dollars or other foreign currencies is generally not accepted in Spain.



## Pre-Op Orthognathic surgery Tips

- Follow a soft diet or as advised by your surgeon before the surgery.
- Stop smoking and alcohol consumption at least two weeks prior to the procedure to promote better healing.
- Discuss any medications you're taking with your surgeon to avoid complications.
- Organize your travel insurance and health coverage for your stay in Spain.
- Prepare a recovery kit including items you may need post-surgery, such as lip balm, a small mirror, and ice packs.
- Plan for someone to accompany you or be available to assist after the surgery, if possible.
- All postoperative instructions will be given by your Orthognathic surgery doctor.



**Connect with a Bookimed coordinator for clinic search and trip planning assistance**

 **Get in touch**

## Bookimed's Accreditation and Expertise Certificates



**900 000+ clients worldwide**

found **best treatment** with Bookimed



**Prepared by Medical Coordinator**

[Yan Matsiievskiy](#)

Your personal medical assistant will be with you shortly.  
Please stay tuned.