Prepare for Your Otoplasty (ear surgery) Trip to Germany



Documents and Visa Requirements

- · Valid passport or travel ID as per international travel regulations.
- Visa for entering Germany, if required. Check the requirements for your country at the German Federal Foreign Office.
- · Medical documents including health history, any previous surgeries, and specific details related to ear deformities.
- If lacking certain medical records, clinics in Germany often provide diagnostic tests to complete the necessary evaluations.



Accommodation Options

Accommodation is not included in the medical package for Otoplasty in Germany. Patients can choose from a variety of hotels ranging from budget to luxury. Clinics may offer recommendations or discounts at partner hotels. Self-booking through online platforms like Booking.com or Airbnb is also an option. Average hotel stay per night ranges from 70 to 200 euros depending on the category and location.



Transfer Services

- Transfer services are not typically included; however, clinics may offer assistance in arranging transportation.
- Popular taxi services include Free Now, MyTaxi, and local taxi companies, with average prices starting from 2-3 euros per kilometer.



Interpreter Services

Interpreter services in Germany are usually available for an additional fee. Clinics may assist in arranging these services to ensure clear communication during your medical visit.



Payment Methods

- · Cash and cards are widely accepted forms of payment for medical services.
- The local currency is the euro (EUR), and it is recommended to have it available for smaller expenses and convenience.
- Paying in dollars or euros is possible at many establishments; however, it is more common to transact in local currency.



Pre-Op Otoplasty (ear surgery) Tips

- · Consult with your surgeon about any medications you are taking to see if they need to be paused before the surgery.
- Avoid smoking and alcohol consumption for at least 2 weeks before your surgery as they can affect healing.
- Arrange for someone to drive you home after the procedure; clinics might help in coordinating local transport.
- Prepare a comfortable recovery area at home/hotel with all essentials within reach.
- Follow a healthy diet and stay hydrated to promote better healing.
- Discuss postoperative care instructions with your doctor before the surgery to prepare adequately.
- Wear comfortable, loose-fitting clothing on the day of surgery, preferably with buttons or zippers that do not require pulling over the head.



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Prepared by Medical Coordinator Yan Matsiievskiy

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