

Your Guide to Prepare for Otoplasty (ear surgery) Trip to Spain



Documents and Visa Requirements

- Valid passport or travel document that will remain valid for at least three months after your planned return.
- European Health Insurance Card (EHIC) for EU residents, or private health insurance covering international travel.
- Visa requirements vary by country. Check the Spanish consulate website or [Schengen Visa Info](#) for your specific requirements.
- Medical referral letter, photographic ID, and any previous otoplasty records, if applicable.
- Spanish clinics may provide diagnostic tests such as audiology evaluations or imaging studies if necessary.



Accommodation Options

Accommodation is not typically included in the otoplasty package. Patients can choose from:

- Hospital stays, if required post-surgery, are usually part of the medical costs.
 - Partner hotels that may offer discounts to clinic patients.
 - Self-booking options like Airbnb or hotel booking sites for more independence.
- Average hotel stay per night ranges from €50 to €150, depending on the location and hotel category.



Transfer Services

- Clinics may offer airport transfer services; inquire in advance to confirm availability and cost.
- Popular taxi services such as Taxi Madrid or Barcelona Taxi with fares starting from €20 for short distances.



Interpreter Services

Translation services during consultations are available in Russian or English, and they can be arranged through the clinic. The cost and availability of such services should be confirmed beforehand.



Payment Methods

- Most clinics accept major credit cards and cash payments.
- The local currency is the Euro (€), and it's recommended to have some for small expenses.
- Some establishments may accept dollars or euros, but it's more practical to use the local currency.



Pre-Op Otoplasty (ear surgery) Tips

- Discuss all medications you're currently taking with your surgeon in advance, as some may need to be stopped before surgery.
- Avoid smoking and alcohol at least two weeks before the procedure to promote better healing.
- Plan for someone to accompany you on the day of surgery, as you will not be able to drive afterwards.
- Prepare a comfortable area at home for your recovery with all essentials within easy reach.
- Follow a healthy diet and stay hydrated in the days leading up to your surgery.
- Get a good night's sleep before the day of the operation.
- Wear loose, comfortable clothing on the day of surgery, preferably with buttons or zippers that do not need to be pulled over the head.



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Your personal medical assistant will be with you shortly.
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