

Your Guide to Prepare for Parkinson's Disease Treatment Trip in Turkey

Documents and Visa Requirements

- Passport valid for at least 6 months beyond your stay and with at least one blank visa page.
- Visa requirements vary; check e-Visa or the Turkish consulate website based on your country.
- Medical reports detailing your Parkinson's condition, treatment history, and medication list.
- If missing documents, clinics in Turkey can provide diagnostics such as MRIs, CT scans, or blood tests as needed.

Accommodation Options

Clinics in Turkey offer hospital stays included in the treatment package. Partner hotels may provide discounted rates, while self-booking is an option too. Some packages include up to 4 weeks of full accommodation. Average hotel stay per night is approximately \$50-\$150, with conditions for accompanying persons included.

Transfer Services

- Many clinics offer free airport transfers; confirm with your medical provider.
- Popular taxi services like BiTaksi and iTaksi operate in major cities, with average prices starting at \$0.50/km.

Interpreter Services

Interpreter services are often provided during the DBS Program for free or at an additional cost depending on the clinic. Translations of medical reports into English are generally included.

Payment Methods

- Cash and card payments are accepted.
- · Local currency (Turkish Lira) is beneficial to have, though USD and EUR may be accepted in some places.

Before Your Parkinson's disease Treatment

- · Consult with your local doctor to ensure you're fit for travel and treatment.
- Prepare a list of current medications and medical history to share with your Turkish medical team.
- · Arrange for health insurance that covers international treatment.
- Plan for adequate recovery time post-treatment as recommended by the clinic.
- Pack comfortable clothing and any personal aids you may need for mobility or daily activities.
- Learn some basic Turkish phrases or download a translation app for easier communication.
- Ensure your finances are in order for the duration of your stay, including treatment, accommodation, and unforeseen expenses.
- Keep emergency contact numbers handy and inform your family or friends about your treatment plan and itinerary.



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Prepared by Medical Coordinator Yan Matsiievskiy

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Please stay tuned.