

Your Guide to Prepare for Porcelain Veneer Trip to Poland



Documents and Visa Requirements

- Valid passport or travel document with at least 3 months beyond the intended departure date from Poland.
- Travel insurance covering medical expenses.
- Visa requirements vary by country. Check Poland's embassy or consulate website or visit [Schengen Visa Info](#) for guidance based on your country of origin.
- Necessary medical documents include dental records, panoramic X-rays, and any dental histories pertinent to the procedure.
- Clinics in Poland provide diagnostic services for necessary pre-operative assessments if the patient lacks certain medical documents.



Accommodation Options

While undergoing Porcelain Veneer treatment, patients have several accommodation options. These include hospital stays, which are typically part of the treatment package, as well as partner hotels offering discounted rates. The clinic does not provide free accommodation outside the hospital stay. For self-booking, a wide range of hotels and apartments are available. The average price for a 4-star hotel stay per night is approximately \$50-\$100.



Transfer Services

- Clinics typically offer free airport transfers to and from the clinic/hospital.
- Popular taxi services like iTaxi and FREE NOW operate in major Polish cities, with prices starting from around \$0.50 per kilometer.



Interpreter Services

Interpreter services are usually available on request. Some clinics may offer this service for free, while others charge additional fees. Be sure to inquire with your medical coordinator.



Payment Methods

- Payment options include cash and card payments.
- The local currency is the Polish Złoty (PLN), and it is recommended to have some on hand for smaller expenses.
- In tourist areas and large cities, it's common to pay in euros or dollars, but local currency is preferred for ease of transaction.



Pre-Op Porcelain Veneer Tips

- Follow a good oral hygiene routine prior to your appointment to ensure healthy gums and teeth.
- Avoid foods and drinks that stain your teeth for a few days before the procedure.
- Discuss any medications you're taking with your dentist, as they may affect the treatment.
- Arrange for someone to accompany you after the procedure, as you may need assistance.
- Wear comfortable clothing for your appointment.
- Plan for enough recovery time in Poland before traveling back home.
- Make sure you understand all pre and post-operative instructions provided by your dentist.



Connect with a Bookimed coordinator for clinic search and trip planning assistance

 Get in touch

Bookimed's Accreditation and Expertise Certificates



900 000+ clients worldwide

found **best treatment** with Bookimed



Prepared by Medical Coordinator

[Yan Matsiievskiy](#)

Your personal medical assistant will be with you shortly.
Please stay tuned.