Prepare for Your Prostate

Cancer Treatment in

Poland



Documents and Visa Requirements

- Valid passport or travel ID is required for entry into Poland.
- Visa requirements vary by country; patients can check their specific needs at Polish Ministry of Foreign Affairs.
- · Necessary medical documents include medical history, diagnosis, imaging (like MRI, CT scans), and biopsy results.
- · Clinics in Poland can provide additional diagnostics and tests if the patient's medical documentation is incomplete.



Accommodation Options

Some clinics may offer free accommodation, while others have partnerships with local hotels offering discounted rates. Hospital stays are typically part of the treatment package. For self-booking options, the average hotel stay per night can range from \$50 to \$150. Accompanying persons may stay with the patient or book separate accommodations; conditions and costs vary.



Transfer Services

- Some clinics provide free airport transfers, while others may charge a fee.
- Popular taxi services include iTaxi and Free Now, with prices starting from around \$0.50 per km.



Interpreter Services

Interpreter services are available, though they may incur additional costs. Some clinics may include this service for free as part of their treatment package.



Payment Methods

- · Payment options typically include cash and credit card transactions.
- The local currency is the Polish Zloty (PLN), and having local cash can be convenient for smaller expenses.
- Some establishments may accept payment in dollars or euros, but it is not guaranteed.



Before Your Prostate Cancer Treatment

- Consult with your home physician to ensure you're fit for travel and treatment.
- Have a list of current medications and medical history readily available.
- Discuss potential risks and recovery expectations with your treatment provider in Poland.
- Plan for adequate recovery time post-treatment before returning home.
- Stay hydrated and maintain a balanced diet to promote overall health.
- Follow any pre-treatment instructions provided by your doctor, such as fasting or medication adjustments.
- Organize your travel insurance to cover medical treatment abroad.
- Ensure you have support in place at home for your return and recovery period.



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Prepared by Medical Coordinator Yan Matsiievskiy

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