

Prepare for Your PRP Hair Loss Treatment Trip to Turkey



Documents and Visa Requirements

- Valid passport with an expiration date of more than 6 months after your planned return.
- Visa, if required for your country of origin. Check visa requirements and apply at www.evvisa.gov.tr/en/.
- Medical records detailing your hair loss history.
- Clinics in Turkey offer diagnostics and tests if you're missing medical documents.



Accommodation Options

Clinics typically offer a range of accommodations. Some provide free stays at partner hotels, while others may offer discounts. Patients can also self-book. Average hotel stay per night is around \$50-\$150.



Transfer Services

- Clinics often offer free airport transfers; some may charge extra.
- Popular taxi services like BiTaksi have rates starting from approximately \$0.50/km.



Interpreter Services

Interpreter services are usually provided free of charge by clinics. However, independent services may be chargeable.



Payment Methods

- Options typically include cash and credit/debit cards.
- The local currency is Turkish Lira, but many places accept dollars or euros.
- Having local currency is recommended for smaller expenses and convenience.



Pre-Op PRP Hair Loss Treatment Tips

- Discuss any current medications with your doctor, as some may need to be paused.
- Avoid alcohol and smoking at least a week before the procedure.
- Do not cut your hair short before the treatment to help assess your natural hair growth.
- Stay hydrated and maintain a healthy diet to promote good recovery.
- Arrange for someone to accompany you on the day of the treatment, if possible.
- Follow any pre-treatment instructions from your clinic, such as washing your hair the morning of the procedure.
- Ensure you have a comfortable hat to wear post-treatment to protect your scalp from sun exposure.



Connect with a Bookimed coordinator for clinic search and trip planning assistance

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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.