# Prepare for Your Radiofrequency ablation Trip to Poland



#### **Documents and Visa Requirements**

- · Valid passport or travel document with at least 3 months validity beyond the planned departure from Poland.
- Check visa requirements at the official Polish Consulate website or Schengen Visa Information based on your country of origin.
- Medical referral for Radiofrequency ablation, health history, and any prior test results.
- Clinics in Poland may provide diagnostics and tests if certain medical documents are lacking.



## **Accommodation Options**

Most clinics in Poland offer hospital stays for the duration of the treatment, with options for partner hotels at discounted rates. In some cases, accommodation may be included in the treatment package. Self-booking is also an option. Average hotel stay per night ranges from \$40 to \$100.



## **Transfer Services**

- Clinics may offer free or paid airport transfers. VIP transfer services are also available for a more comfortable experience.
- Popular taxi services like iTaxi and MyTaxi operate in major Polish cities. Approximate prices start at \$0.50 per km.



#### Interpreter Services

Interpreter services are available upon request, often for a fee. Translation of medical reports can be arranged to facilitate communication with medical staff.



## **Payment Methods**

- · Cash and credit/debit cards are widely accepted.
- Local currency (Polish Zloty PLN) is required for most transactions. Some places may accept Euros or Dollars, but it's not common.



## **Pre-Op Radiofrequency ablation Tips**

- Discuss all medications you're taking with your doctor, as some may need to be stopped before the procedure.
- Follow any fasting instructions the night before your surgery.
- Arrange for someone to drive you home post-procedure, if you're not staying at the hospital.
- Bring comfortable clothing that is easy to put on and remove.
- Prepare a list of questions or concerns to discuss with your doctor during pre-op consultations.
- Ensure that you have all necessary medical documentation and identification with you.
- Consider packing a small bag with personal items if you're staying overnight.



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Prepared by Medical Coordinator Yan Matsiievskiy

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