

Your Guide to Prepare for Radioiodine therapy Trip to Germany



Documents and Visa Requirements

- Valid passport or travel document with at least three months' validity beyond the intended stay.
- German Schengen Visa for non-European Union residents, if applicable. Check visa requirements based on your country at the official website of the German Federal Foreign Office.
- Medical referral letter detailing your diagnosis and the need for Radioiodine therapy.
- Previous medical records and results of recent relevant tests (thyroid function tests, ultrasound, etc.).
- German clinics may provide additional diagnostic services if certain medical documents are absent; inquire in advance for specific tests available.



Accommodation Options

Most German clinics do not offer free accommodation but may have partner hotels offering discounts. Hospital stays for the duration of the therapy are typically arranged with costs included in the treatment package. For self-booking options, the average hotel stay per night ranges from €50 to €200, depending on the location and standard of the hotel.



Transfer Services

- Some clinics may offer free airport transfers; check with your clinic beforehand.
- Popular taxi services include MyTaxi and Taxi.eu, with approximate prices starting from €3 base fare plus €2 per kilometer.



Interpreter Services

Interpreter services may be available for non-German speakers, potentially at an additional cost. It's advisable to confirm the availability and costs with your clinic prior to your visit.



Payment Methods

- Cash and card payments are widely accepted.
- The local currency is the Euro (€). It is recommended to have some local cash for small expenses.
- While some establishments may accept dollars or euros, it is more practical to use the local currency for transactions.



Pre-Op Radioiodine therapy Tips

- Discuss any current medications with your doctor, as some may need to be discontinued before treatment.
- Follow a low-iodine diet as recommended, typically 1-2 weeks before therapy.
- Stay hydrated and avoid alcohol and tobacco before the procedure.
- Arrange for time off work for the treatment and recovery period.
- Plan for a companion to assist you if needed after the therapy, as you may feel fatigued.
- Understand the isolation guidelines post-therapy to protect others from radiation exposure.
- Bring personal entertainment, such as books or a laptop, as you may need to stay isolated for a few days post-therapy.



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Your personal medical assistant will be with you shortly.
Please stay tuned.