

Your Guide to Prepare for Radiotherapy Trip to Germany



Documents and Visa Requirements

- Valid passport or travel document that should be valid for at least 3 more months beyond the date you plan to leave the Schengen area.
- Patients can check visa requirements based on their country of origin at the official website of the German Federal Foreign Office (<https://www.auswaertiges-amt.de>).
- Medical referral for radiotherapy, medical history records, and any previous treatment reports.
- Diagnostic tests such as blood tests, imaging (CT, MRI), and biopsy results can be provided by clinics in Germany if the patient lacks certain medical documents.



Accommodation Options

Accommodation is not provided for free by the clinics. Patients can choose from hospital stays, partner hotels with discounts, or self-booking options. The average hotel stay per night costs approximately €90 to €150.



Transfer Services

- Clinics may offer paid airport transfer services. It's best to confirm with the clinic beforehand.
- Popular taxi services in Germany include Free Now and MyTaxi, with approximate prices starting from €3 base fare plus €2 per kilometer.



Interpreter Services

Interpreter services are available, often at an additional cost. Some clinics may provide these services for free, especially during medical consultations, but it's important to verify this with the clinic in advance.



Payment Methods

- Payments can be made using cash or card. ATMs are widely available for cash withdrawals.
- The local currency is the Euro (€), and it is necessary to have local cash for small expenses and places that do not accept cards.
- While some places may accept dollars or euros, it is advisable to carry local currency to avoid any inconvenience.



Pre-Op Radiotherapy Tips

- Discuss with your doctor any medications you're currently taking, as some may need to be stopped before treatment.
- Ask about dietary restrictions or recommendations before your radiotherapy sessions.
- Plan for rest and reduced activity levels during your treatment period.
- Wear comfortable, loose-fitting clothing to your treatment sessions.
- Stay hydrated and maintain a balanced diet to help your body recover.
- Follow your doctor's instructions regarding skincare, as the treated area may become sensitive.
- Arrange for support from family or friends, if possible, for assistance after your treatment sessions.
- Note that all postoperative instructions will be given by your Radiotherapy doctor.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.