Your Guide to Prepare for

Radiotherapy Trip to

Spain



Documents and Visa Requirements

- Valid passport or travel document with at least three months beyond your planned stay.
- Visa requirements vary by country; check Spain's visa policy for your country at the official Spanish Ministry of Foreign Affairs website or contact the Spanish consulate.
- · Medical referral letter, your medical history, and any relevant medical imaging or test results for Radiotherapy.
- Clinics in Spain can provide additional diagnostics and tests if certain medical documents are lacking, often after an initial consultation with an oncologist.



Accommodation Options

Accommodation is not included in the medical package. Patients typically stay for about 10 days in a hotel. Hospitals may have partnerships with nearby hotels offering discounted rates. For self-booking, the average hotel stay per night can range from €50 to €200, depending on the location and amenities.



Transfer Services

- Transfer services from the airport to the clinic and back are typically included in the medical package.
- For additional transfers, popular taxi services like Taxi España offer rides at various rates starting from around €20-€30 for short distances within cities.



Interpreter Services

Interpreter services are often available on request, either for free or at an additional cost, depending on the clinic's policies. It is best to inquire in advance about the availability and fees.



Payment Methods

- Payments can be made using cash or credit/debit cards.
- The local currency is the Euro (€), and having local cash is recommended for smaller purchases and transportation.
- In most places, payments in dollars or euros are accepted, but it is advisable to carry Euros for convenience.

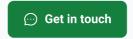


Pre-Op Radiotherapy Tips

- Follow a balanced diet and stay hydrated before treatment.
- Discuss your current medications with your oncologist to avoid any interference with treatment.
- Wear comfortable clothing on treatment days.
- Plan for rest and limited physical activity post-treatment sessions.
- Arrange for someone to accompany you during your treatment days if possible.
- Avoid using creams or lotions on the skin area to be treated unless advised by your doctor.
- Keep a diary to note any side effects or concerns to discuss with your healthcare provider.
- All postoperative instructions will be given by your Radiotherapy doctor.



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Prepared by Medical Coordinator Yan Matsiievskiy

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