Your Guide to Prepare for Brain Tumor Removal Trip in Germany



Documents and Visa Requirements

- Passport valid for at least six months beyond your planned date of departure from the Schengen area.
- Patients can check visa requirements based on their country of origin at the official website of the German Federal Foreign Office (<u>auswaertiges-amt.de</u>).
- Medical documents include referral letters, medical history, imaging (e.g., MRI, CT scans), and any previous treatment records.
- If certain medical documents are missing, German clinics provide diagnostics and tests prior to brain tumor removal.



Accommodation Options

Clinics may offer hospital stays for 7-9 days as part of the treatment package. Partner hotels may provide discounts, but self-booking options are also available. Hospital accommodations are typically included in the medical package, but hotel stays are usually an additional cost, averaging around 100-150 euros per night.



Transfer Services

- Clinics may offer free airport transfers; otherwise, patients can avail of paid services.
- Popular taxi services include Free Now and MyTaxi, with approximate prices starting from 25 euros for inner-city transfers.



Interpreter Services

Interpreter services are often available, with some clinics offering up to 10 hours of interpretation as part of the treatment package. Additional hours may be subject to fees.



Payment Methods

- Payment can be made via cash or card transactions.
- . The local currency is the Euro (EUR), and having local cash is recommended for small expenses.
- Payments in dollars or euros are generally accepted, but it's advisable to have local currency for convenience.



Pre-Op Brain Tumor Removal Tips

- Follow a balanced diet and stay hydrated in the days leading up to surgery.
- · Avoid smoking and alcohol as they can affect recovery.
- Discuss all medications and supplements with your doctor, as some may need to be paused before surgery.
- Plan for adequate rest and assistance post-surgery for your recovery period.
- Prepare a list of questions and concerns to discuss with your medical team before the procedure.
- Ensure you have a local contact or your medical coordinator's details available at all times.
- Keep all personal identification and insurance documents accessible.
- Understand the recovery process and any potential side effects before the surgery.



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Prepared by Medical Coordinator Yan Matsiievskiy

Your personal medical assistant will be with you shortly.

Please stay tuned.