# Your Guide to Prepare for Brain Tumor Removal Trip in Spain



#### **Documents and Visa Requirements**

- Valid passport and/or national ID card for international travel.
- Visa requirements differ based on nationality. Check Spain's visa policy for your country at the official website of the Spanish Ministry of Foreign Affairs or visit <u>Spanish Ministry of Foreign Affairs</u>.
- Medical documents: referral from a home doctor, medical history, imaging (MRI/CT scans), and pathology reports.
- · Clinics in Spain may provide additional diagnostics if necessary, such as an MRI or a consultation with a neurosurgeon.



## **Accommodation Options**

Hospital stays are usually part of the treatment package. Partner hotels may offer discounts, while self-booking is also an option. The clinic does not typically provide free accommodation. Average hotel cost per night is approximately €100-€200.



#### **Transfer Services**

- · Clinics in Spain might offer airport transfers, but this service is usually not included in the medical package and has an additional cost.
- Popular taxi services like Taxi Madrid or Barcelona Taxi offer rides with average prices starting around €30-€50, depending on the distance.



#### Interpreter Services

Interpreter services are available but often come at an additional cost. Some clinics may include this service within the treatment package, so it is worth inquiring beforehand.



### **Payment Methods**

- Payments can be made using cash or credit/debit cards.
- The local currency is the Euro (€), and it is advisable to have it for small expenses, although major cards are widely accepted.
- Payments in dollars or euros are common, but the local currency may be required for smaller establishments or services.



## **Pre-Op Brain Tumor Removal Tips**

- Follow a healthy diet and stay hydrated prior to surgery.
- Avoid smoking and alcohol consumption as they can affect recovery.
- Discuss any medications or supplements you are taking with your surgeon as some may need to be stopped before the procedure.
- Plan for a recovery area at home that is comfortable and minimizes the need to climb stairs or perform strenuous activities.
- Arrange for someone to assist you post-surgery, particularly for the first few days after discharge.
- Prepare a list of questions or concerns to discuss with your medical team before the operation.
- Inform your surgeon of any allergies or previous reactions to anesthesia or medications.



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