

Your Guide to Prepare for Revision Rhinoplasty Trip to Germany



Documents and Visa Requirements

- Passport valid for at least 3-6 months beyond your planned date of departure from Germany.
- For non-EU residents, a Schengen Visa may be required. Check requirements at schengenvisa.info.com/germany-visa.
- Medical referral letter, previous surgery records, and any relevant medical history documents.
- German clinics can provide diagnostics and tests if certain medical documents are missing, yet it's advisable to bring all available medical records to ensure a smooth process.



Accommodation Options

Germany offers various accommodation options including hospital stays, partner hotels, and self-booking choices:

- Hospital stays are typically included in the medical procedure package.
- Partner hotels often provide discounts to patients; however, this is not a free service.
- Self-booking allows for flexibility and may be necessary for extended recovery periods. Average hotel prices per night range from €60 to €150.



Transfer Services

- Some clinics offer free airport transfers, while others may charge an additional fee.
- Popular taxi services, such as Free Now and MyTaxi, operate in major cities with approximate prices from €25 to €50 for airport-city center routes.



Interpreter Services

Many German clinics provide interpreter services. This can sometimes be free, but often there is a charge depending on the language and duration of services needed.



Payment Methods

- Payments can be made with cash or card. It's advisable to check with the clinic if they prefer a specific method.
- The local currency is the Euro (€), and it's recommended to have some for minor expenses.
- Paying in dollars or euros is generally accepted in medical facilities, but having Euros is necessary for other services.



Pre-Op Revision Rhinoplasty Tips

- Follow any pre-operative instructions given by your surgeon, such as medications to avoid or dietary restrictions.
- Plan for at least a two-week stay in Germany for the surgery and initial recovery period.
- Avoid smoking and alcohol consumption for several weeks before and after surgery to promote healing.
- Arrange for someone to accompany you if possible, or notify the clinic if you'll be alone to ensure additional support is available.
- Prepare a list of questions or concerns to discuss with your surgeon during pre-op consultations.
- Have a plan for post-operative care, including where you will stay and how you will manage recovery before returning home.
- Pack comfortably, including loose-fitting clothes that don't need to be pulled over your head.
- Remember to bring personal entertainment, such as books or a tablet, for your recovery period.



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Prepared by Medical Coordinator

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