

Prepare for Your Revision Rhinoplasty Trip to Poland



Documents and Visa Requirements

- Passport valid for at least 6 months beyond your planned date of departure from Poland.
- Visa or visa-free entry depending on your nationality. Visit [Schengen Visa Info](#) to check your requirements.
- Your medical history, imaging (like X-rays), and any previous rhinoplasty records.
- Clinics in Poland can provide additional diagnostics and tests if you lack certain medical documents.



Accommodation Options

Patients will be accommodated in a two-bed ward for the duration of the hospital stay. Partner hotels, like the 3* Accor Mercure Jelenia Góra, offer superior rooms with breakfast at €65/day for a single occupancy or €80/day for double occupancy. While some clinics may offer discounts, the accommodation is not typically free.



Transfer Services

- Clinics in Poland do not usually include free airport transfers.
- Private transfer options: Wroclaw airport (€190), Prague airport (€300), Görlitz train station (€170), Berlin Brandenburg airport (€475).



Interpreter Services

Interpreter services are available but are typically not free. It is advisable to arrange these services in advance, either through your medical coordinator or directly with the clinic.



Payment Methods

- Payment can be made in cash or with a credit card.
- The local currency is the Polish Złoty (PLN), and it is recommended to have some for minor expenses.
- Some places may accept payment in euros or dollars, but it's not guaranteed.



Pre-Op Revision Rhinoplasty Tips

- Stop smoking at least 2 weeks before surgery to promote better healing.
- Avoid taking aspirin, anti-inflammatory drugs, and herbal supplements as they can increase bleeding.
- Stay hydrated and maintain a healthy diet leading up to the surgery.
- Arrange for someone to drive you to and from surgery and to stay with you for at least the first night following surgery.
- Prepare your recovery area at home with necessities within easy reach and follow all pre-operative instructions provided by your surgeon.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.