# Your Guide to Prepare for Revision Rhinoplasty Trip to Spain



### **Documents and Visa Requirements**

- Passport valid for at least three months beyond the planned date of departure from Spain.
- Check visa requirements based on your country of origin at the official Spanish visa portal or the nearest Spanish embassy/consulate.
- Medical documents including medical history, any previous surgeries, and specifically details about your original rhinoplasty.
- Clinics in Spain may provide diagnostic services and tests if you lack certain medical documents, but it's advisable to bring as much information as possible.



# **Accommodation Options**

Your accommodation is not provided for free by the clinic. However, clinics often have partner hotels offering discounts. Hospital stays are usually part of the surgery package. Self-booking options are widely available. The average hotel stay per night ranges from 70 to 150 euros.



### **Transfer Services**

- Airport transfers are not included in the medical package and need to be arranged separately.
- Popular taxi services like Free Now and Cabify operate in major Spanish cities. Prices can vary but expect to pay approximately 30-40 euros
  from the airport to the city center.



### **Interpreter Services**

Interpreter services are available but are not included in the cost of your medical package and will incur additional charges. It is advisable to arrange these services in advance if required.



## **Payment Methods**

- Payment options include cash and credit/debit cards.
- The local currency is the Euro (EUR). It is recommended to have local currency for small expenses, although major credit cards are widely accepted.



# **Pre-Op Revision Rhinoplasty Tips**

- Follow all pre-operative instructions provided by your surgeon for the best outcome.
- Avoid smoking and alcohol at least two weeks before and after surgery as they can hinder the healing process.
- · Stop taking aspirin or anti-inflammatory drugs two weeks prior to surgery to reduce bleeding risk.
- Ensure you have a valid health insurance policy that covers international medical treatment.
- Arrange for someone to assist you after the surgery as you will need rest and should not be alone.
- Wear loose and comfortable clothing on the day of surgery, preferably items that do not need to be pulled over your head.
- Prepare a recovery area at your accommodation with essentials within easy reach.



Connect with a Bookimed coordinator for clinic search and trip planning assistance



# **Bookimed's Accreditation and Expertise Certificates**















900 000+ clients worldwide found best treatment with Bookimed



Prepared by Medical Coordinator Yan Matsiievskiy

Your personal medical assistant will be with you shortly.

Please stay tuned.