

Prepare for Your Rhinoplasty (nose job) Trip to Turkey



Documents and Visa Requirements

- International travelers should have a valid passport. Ensure it has at least six months of validity from the date of entry into Turkey.
- Visa requirements vary by country. Check the latest requirements and apply for an e-Visa if needed at [Turkey's Electronic Visa Application System](#).
- Bring medical records relating to your rhinoplasty, including any imaging (X-rays, CT scans) and test results.
- Many clinics in Turkey can provide necessary diagnostics and tests if you lack certain medical documents, typically included in the rhinoplasty package.



Accommodation Options

Some clinics offer hospitalization and subsequent hotel stays as part of the rhinoplasty package, while others do not include accommodation. Partner hotels may offer discounts. For self-booking, average hotel prices range from \$50 to \$150 per night.



Transfer Services

- Clinics often provide free airport transfers, while some include regular transfers between the airport, clinic, and hotel.
- Popular taxi services like BiTaksi and iTaksi operate in major cities. Approximate prices start from \$0.5 per km.



Interpreter Services

Clinics may offer free interpreter services. If not, you can hire an interpreter with costs depending on the language and duration needed.



Payment Methods

- Payments can generally be made with cash or credit/debit cards.
- The local currency is the Turkish Lira (TRY), and having some cash on hand is recommended for smaller expenses.
- Many places also accept payments in dollars or euros, but it is advisable to have local currency for convenience.



Pre-Op Rhinoplasty (nose job) Tips

- Avoid medications that can increase bleeding, such as aspirin or ibuprofen, for two weeks before surgery.
- Stop smoking at least a month before the surgery to promote better healing.
- Do not eat or drink anything, including water, after midnight before your surgery.
- Establish a recovery area at your accommodation with essential items within easy reach.
- Plan for someone to accompany you after the procedure, as you will not be able to drive.
- Avoid strenuous activities and follow a balanced diet to support healing.
- Stay hydrated and avoid salty foods to reduce swelling.
- Protect your nose from the sun and injury post-surgery.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.