

Your Guide to Prepare for Gastric bypass Trip in Germany



Documents and Visa Requirements

- Valid passport or travel document with at least 3 months beyond the return date.
- Check visa requirements and apply through the German Embassy or Consulate in your country or via [Schengen Visa Info](#).
- Medical documents: referral from your doctor, medical history, and any test results related to your condition.
- Clinics in Germany may provide additional diagnostics if certain medical documents are missing, to ensure a safe and effective procedure.



Accommodation Options

In Germany, patients can expect comfortable accommodation conditions. Clinics may offer free stays for inpatients during the 8-day hospitalization period. Additional options such as partner hotels with discounts are available, or patients may choose self-booking. While partner hotels may offer special rates, self-booking options are typically not free. Average hotel stay per night ranges from €80 to €150.



Transfer Services

- Some clinics offer free airport transfers, inquire directly with your clinic.
- Popular taxi services include MyTaxi and Taxi.eu, with approximate prices starting from €3 base fare plus €2 per kilometer.



Interpreter Services

Interpreter services are available in Germany, often provided by the clinic for free or at an additional cost, depending on the institution. It is advisable to confirm this with the clinic before your trip.



Payment Methods

- Payment options include cash and cards (Visa, MasterCard).
- The local currency is the Euro (€). It is recommended to have local cash for small expenses.
- While some establishments may accept dollars or euros, it is more practical to use the local currency for transactions.



Pre-Op Gastric bypass Tips

- Follow a pre-operative diet as advised by your surgeon to prepare your body for surgery.
- Stop smoking and avoid alcohol at least two weeks before your surgery.
- Discuss all medications you're taking with your surgeon to prevent any complications.
- Arrange for someone to assist you after the surgery during your recovery period.
- Prepare comfortable clothing that is easy to put on and will not pressure the surgical area.
- Plan your post-operative diet and stock up on recommended foods and supplements.
- Have a list of emergency contacts, including your medical coordinator's number, on hand.
- Remember, all postoperative instructions will be provided by your Gastric bypass doctor.



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Prepared by Medical Coordinator
[Yan Matsiievskiy](#)

Your personal medical assistant will be with you shortly.
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