

Prepare for Your Gastric bypass Trip to Turkey



Documents and Visa Requirements

- Valid passport with at least six months remaining before expiration.
- Visa requirements vary by country; check the Republic of Turkey's e-Visa application system at evisa.gov.tr for specifics.
- Medical reports and history relevant to your gastric bypass procedure.
- Clinics in Turkey offer diagnostic tests like blood tests, ECG, and chest X-rays if you lack certain documents.



Accommodation Options

Patient packages often include hospital stays and hotel arrangements. Partner hotels may provide discounts, and some clinics offer free accommodation. Average hotel stays in Turkey range from €50 to €150 per night.



Transfer Services

- Most clinics offer free airport transfers; confirm this service when booking your procedure.
- Popular taxi services like BiTaksi and iTaksi are available, with fares starting around €0.40 per km.



Interpreter Services

Interpreter services are commonly provided by clinics at no additional cost to ensure clear communication throughout your medical journey.



Payment Methods

- Cash and credit card payments are widely accepted.
- The local currency is the Turkish Lira (TRY), but euros and dollars may be accepted in some places.
- Having local currency is essential for small purchases and in areas where international currencies are not accepted.



Pre-Op Gastric bypass Tips

- Follow a pre-operation diet as advised by your nutritionist to prepare your body for surgery.
- Discuss any medications you're taking with your bariatric surgeon to avoid complications.
- Plan to arrive in Turkey a few days before your surgery to allow time for any additional pre-op tests.
- Ensure you understand the recovery process and dietary changes required post-surgery.
- Organize your travel insurance to cover any unforeseen medical expenses.
- Stay hydrated and avoid alcohol or tobacco before your surgery as instructed by your healthcare provider.
- Prepare a list of questions or concerns to discuss during your pre-operative consultation.
- Arrange for someone to assist you post-surgery during your initial recovery period.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.