

# Prepare for Your Schizophrenia Treatment in Turkey



## Documents and Visa Requirements

- Passport valid for at least six months beyond your stay.
- Visa, if required. Check the requirements based on your country at [Turkey's Electronic Visa Application System](#).
- Medical documents: referral from a doctor, medical history, and records of Schizophrenia treatment.
- Clinics in Turkey may provide additional diagnostics and tests if certain medical documents are unavailable.



## Accommodation Options

Accommodation is typically provided, starting with a 4-day hospital stay followed by a 3-day hotel stay. Some clinics may offer free accommodation, while others have partnerships with hotels that offer discounts. Self-booking options are also available. Average hotel stay per night can range from \$50 to \$150. Accommodation for an accompanying person may incur additional costs and conditions will vary by clinic and hotel policy.



## Transfer Services

- Many clinics offer free airport transfers; otherwise, it is a paid service.
- Popular taxi services like BiTaksi and iTaksi are available, with prices starting around 3-4 TL per km (\$0.18–\$0.24 USD).



## Interpreter Services

Interpreter services are often available, either for free or at an additional cost, depending on the clinic's policies.



## Payment Methods

- Payment options include cash and card transactions.
- The local currency is the Turkish Lira (TL), and having local cash can be handy for smaller expenses.
- Many places also accept dollars or euros, but it's always a good idea to have some local currency.



## Before Your Schizophrenia Treatment

- Ensure you have a list of current medications and dosages to share with your medical team.
- Discuss with your doctor any special preparations needed for the treatment.
- Arrange for someone to accompany you if possible, as support is beneficial during medical travel.
- Stay in contact with your medical coordinator and provide them with all necessary medical records.
- Prepare a recovery plan with your doctor for after the treatment is completed.
- Check if your current health insurance will cover medical expenses abroad; otherwise, consider getting travel health insurance.
- Rest well before the trip and follow any dietary or medication instructions given by your doctor.
- Be mindful of Turkish customs and culture to ensure a pleasant stay during your treatment period.



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Prepared by Medical Coordinator  
[Yan Matsiievskiy](#)

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