

Your Guide to Prepare for Septoplasty Trip to Germany



Documents and Visa Requirements

- Valid passport with at least six months of remaining validity and at least two blank pages.
- For non-EU residents, a Schengen Visa may be required. Check the specific requirements based on your country of origin at [German Foreign Office](#).
- Medical documents including referral from a doctor, medical history, and any previous diagnostic results.
- Clinics in Germany offer diagnostic tests prior to Septoplasty if necessary, ensuring all required medical assessments are up-to-date.



Accommodation Options

Patients are typically offered a two-bed ward for their hospital stay. Partner hotels may provide discounts, and personal coordinators can assist with booking at special partner prices. Booking accommodation independently is also an option. Free accommodation is not generally provided. The average hotel stay per night can range from €80 to €150.



Transfer Services

- Clinic transfer services are typically not included. Assistance can be provided by a personal medical coordinator for arranging transfers.
- Popular taxi services like Free Now and MyTaxi operate in major cities, with approximate prices starting at €3 for initial fare plus €2 per kilometer.



Interpreter Services

Interpreter services are available for non-German speaking patients. While some clinics may offer this service for free, others may charge additional fees. It is recommended to clarify the cost and arrange interpreter services in advance with the clinic or through a personal medical coordinator.



Payment Methods

- Payments can be made using cash or credit/debit card.
- The local currency is the Euro (EUR). It is advisable to have local currency for small expenses, although many places accept payment in euros or dollars.



Pre-Op Septoplasty Tips

- Discuss all medications with your doctor, as some may need to be stopped before surgery.
- Avoid smoking and alcohol consumption at least two weeks prior to the procedure to aid healing.
- Ensure you have someone to accompany you to the clinic and assist post-surgery if needed.
- Prepare a list of questions or concerns to discuss with the surgeon before the operation.
- Plan for at least seven days of stay in Germany post-surgery to allow for initial recovery and follow-up.
- Eat a healthy diet and stay hydrated in the days leading up to your surgery.
- Follow all pre-operative instructions given by the clinic, including fasting requirements.



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Prepared by Medical Coordinator

[Yan Matsiievskiy](#)

Your personal medical assistant will be with you shortly.
Please stay tuned.