

Prepare for Your Septoplasty Trip to Turkey



Documents and Visa Requirements

- Passport valid for at least six months from the date of entry into Turkey.
- Visa requirements vary by country; check the latest information on the [Republic of Turkey Electronic Visa Application System](#) or contact the nearest Turkish embassy.
- Medical documents including medical history, any previous surgeries, and a detailed report from your local doctor about the need for Septoplasty.
- Clinics in Turkey offer preoperative tests if required medical documents are not available.



Accommodation Options

While accommodation is not included in some packages, partner hotels may offer discounts. Hospital stays are typically provided for the duration of the medical procedure. Self-booking is also an option. The average hotel stay per night can range from \$50 to \$150.



Transfer Services

- Clinics may offer complimentary airport transfers; otherwise, paid services are available.
- Popular taxi services like BiTaksi and iTaksi operate in major cities, with prices starting at approximately 2.50 TRY per km.



Interpreter Services

Interpreter services are often available free of charge with medical packages, but it's recommended to confirm with the clinic. Paid interpreter services can also be arranged if needed.



Payment Methods

- Cash and cards are widely accepted.
- The local currency is the Turkish Lira (TRY), and having local cash is recommended for smaller expenses.
- Many places accept payments in dollars or euros, but it is advisable to have local currency for convenience.



Pre-Op Septoplasty Tips

- Discuss all medications and supplements you are taking with your surgeon before the surgery.
- Avoid smoking and alcohol at least two weeks prior to the procedure to promote better healing.
- Arrange for someone to accompany you or be available post-surgery, as you will need assistance initially.
- Prepare a recovery area at your accommodation with necessary items within reach, such as medications and water.
- Plan for a diet that includes soft foods and is high in fiber to avoid any strain during recovery.
- Ensure you have comfortable, loose-fitting clothing that does not need to be pulled over your head.
- Stay hydrated and get adequate rest before the surgery.
- All postoperative instructions will be given by your Septoplasty doctor.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.