

Your Guide to Prepare for Facelift Surgery Trip in Germany



Documents and Visa Requirements

- Passport valid for at least 6 months beyond your stay.
- Visa for Germany, if required. Check the [German Federal Foreign Office](#) for visa requirements based on your country.
- Medical documents including health history, any previous surgeries, and current medications.
- German clinics may provide diagnostics and tests if certain medical documents are missing.



Accommodation Options

Accommodations are not provided for free by clinics. Patients can opt for hospital stays in two-bed wards or book hotels independently. Bookimed offers booking of air tickets and hotel rooms at special partner prices. An average hotel stay per night ranges from €50 to €150.



Transfer Services

- Clinics generally do not offer free airport transfers.
- Popular taxi services such as Free Now and MyTaxi operate in major cities, with fares starting at approximately €3 plus €1.50-€2.00 per km.



Interpreter Services

Interpreter services are usually available for an additional fee. Bookimed provides patient advocacy and may assist with interpretation during the medical journey.



Payment Methods

- Payment can be made via cash or card.
- The local currency is the Euro (EUR). Having local cash is recommended for smaller expenses.
- Paying in dollars or euros is possible, although having Euros is more convenient for everyday transactions.



Pre-Op Facelift surgery Tips

- Stop smoking at least 4 weeks before surgery to promote better healing.
- Avoid taking aspirin, anti-inflammatory drugs, and herbal supplements as they can increase bleeding.
- Stay hydrated and maintain a healthy diet leading up to the surgery.
- Arrange for someone to drive you home and stay with you for at least the first night following the surgery.
- Follow all pre-operative instructions provided by your facelift surgery doctor.
- Prepare a recovery area at your accommodation with essentials within easy reach.
- Consider setting up a consultation with your surgeon via video call before traveling.



Connect with a Bookimed coordinator for clinic search and trip planning assistance

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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.