

Prepare for Your **Facelift Surgery Trip** to Mexico



Documents and Visa Requirements

- Passport valid for at least six months beyond your planned departure from Mexico.
- Tourist card (FMM) obtained upon arrival or online for stays shorter than 180 days.
- Check current visa requirements for Mexico based on your nationality at the official [Mexican National Immigration Institute](#).
- Medical records detailing your medical history and any previous surgeries.
- Clinics in Mexico may provide necessary diagnostics and tests if you lack certain medical documents.



Accommodation Options

While accommodation is not included in some packages, certain clinics offer all-inclusive packages with stays in 4* or 5* hotels. Partner hotels may offer discounts, and help with booking can be provided. Hospital stays are typically included in the surgery package. For self-booking options, an average hotel stay per night ranges from \$50 to \$150.



Transfer Services

- Some clinics offer free VIP airport-hotel-clinic transfers as part of all-inclusive packages.
- Popular taxi services such as Uber and local taxis are available with approximate prices starting at \$5-\$20 depending on distance.



Interpreter Services

Interpreter services may be available upon request for an additional cost. Some all-inclusive surgery packages might include this service at no extra charge.



Payment Methods

- Credit cards and cash payments are widely accepted.
- The local currency is the Mexican Peso (MXN), and having local cash is recommended for small expenses.
- In some places, payments in U.S. dollars or euros might be accepted, but it's advisable to carry pesos for convenience.



Pre-Op Facelift Surgery Tips

- Consult with your surgeon about medications to avoid before surgery.
- Do not eat or drink anything after midnight on the day of your surgery.
- Arrange for someone to drive you to and from the clinic.
- Stop smoking at least two weeks prior to surgery to aid healing.
- Avoid alcohol and any anti-inflammatory drugs for at least one week before surgery.
- Follow a healthy diet and stay hydrated leading up to your procedure.
- Prepare your recovery area at home or in your hotel room with essentials within easy reach.
- All postoperative instructions will be given by your facelift surgery doctor.



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Prepared by Medical Coordinator

[Yan Matsiievskiy](#)

Your personal medical assistant will be with you shortly.
Please stay tuned.