# Prepare for Your Facelift Surgery Trip to Turkey



## **Documents and Visa Requirements**

- Valid passport or travel document with an expiry date beyond the return date.
- Check visa requirements for Turkey on the official Republic of Turkey Electronic Visa Application System at <a href="https://www.evisa.gov.tr/en/">https://www.evisa.gov.tr/en/</a> or consult with the Turkish embassy in your country.
- · Medical reports, imaging results, and any previous surgical notes related to your facelift surgery.
- Clinics in Turkey may provide diagnostics and additional tests if needed.



## **Accommodation Options**

Clinics may offer hospital stays for the duration of the surgery, with partner hotels providing discounted rates for the post-operative period. Some clinics include a 5-night hotel stay with breakfast in their packages. Self-booking is also an option. Free accommodation is typically not provided. Average hotel stay per night ranges from \$50 to \$150.



#### **Transfer Services**

- Clinics may offer complimentary airport transfers; otherwise, costs can vary.
- Popular taxi services include BiTaksi, iTaksi, and local taxi companies, with prices from \$0.5 to \$1 per kilometer.



#### Interpreter Services

Interpreter services are often provided free of charge by clinics. However, if not included, patients can hire interpreters at their own expense. Prices vary depending on the language and duration of service.



#### **Payment Methods**

- · Payment can be made via cash or card.
- The local currency is the Turkish Lira (TRY), and it is recommended to have some for small expenses.
- Dollars or euros are widely accepted, but having local currency is beneficial for ease of transactions.



# **Pre-Op Facelift Surgery Tips**

- Maintain a healthy diet and hydrate well before the surgery.
- Avoid smoking and alcohol consumption for at least two weeks prior to surgery.
- Discuss all medications and supplements with your surgeon as some may need to be stopped before the procedure.
- Plan for someone to accompany you or be available for assistance post-surgery.
- Prepare your home for a comfortable recovery with necessary supplies within easy reach.
- Follow all pre-operative instructions provided by your surgeon for optimal results.
- Arrange for post-operative care and follow-up visits before the surgery.
- Consult with your medical coordinator regarding any concerns or questions.



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Prepared by Medical Coordinator Yan Matsiievskiy

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