

Prepare for Your Tooth Extraction Trip to Mexico



Documents and Visa Requirements

- Passport valid for at least six months beyond your planned date of departure from Mexico.
- Depending on your country of origin, a visa may or may not be required. Check the Mexican government's visa requirements at [Visas for Foreigners](#).
- Medical records including dental x-rays, a list of medications, and a letter from your doctor detailing your medical history and the need for tooth extraction.
- Clinics in Mexico often offer diagnostic services, including x-rays and consultations, if additional documentation is needed.



Accommodation Options

Accommodation is generally not included with medical procedures but can be arranged. Clinics may have partnerships with local hotels offering discounted rates. Hospital stays are usually not required for tooth extractions, but if needed, the clinic will inform you of any associated costs. Self-booking is always an option and offers the most flexibility. The average hotel stay per night ranges from \$50 to \$150.



Transfer Services

- Some clinics may offer free airport transfers; otherwise, this service can be arranged for an additional fee.
- Popular taxi services such as Uber and local taxis are available, with prices varying based on distance and city, starting from around \$5-10 for short trips within the city.



Interpreter Services

Interpreter services may be available upon request, with costs varying depending on the clinic. Some clinics may offer this service for free, while others may charge an additional fee. It is best to confirm this with the clinic in advance.



Payment Methods

- Cash and credit cards are widely accepted for medical payments.
- The local currency in Mexico is the Mexican Peso (MXN). While it is not always necessary to have local cash, it is recommended for smaller transactions.
- Many establishments, including medical facilities, accept payment in US dollars or euros, but it is advisable to check with the clinic beforehand.



Pre-Op Tooth Extraction Tips

- Discuss any medications you're currently taking with your dentist, as some may need to be paused.
- Refrain from smoking or drinking alcohol at least 24 hours before the procedure.
- Avoid eating for at least 6 hours before your tooth extraction.
- Arrange for someone to accompany you, as you may be under the influence of anesthesia post-procedure.
- Wear comfortable, loose-fitting clothing on the day of your extraction.
- Have a cold compress ready at your accommodation to help with swelling after the procedure.
- Ensure you have all necessary post-operative medications and instructions from your dentist before leaving the clinic.



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Prepared by Medical Coordinator

[Yan Matsiievskiy](#)

Your personal medical assistant will be with you shortly.
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