

# Prepare for Your **Tooth Whitening Trip to Turkey**



## Documents and Visa Requirements

- Passport with a minimum of 6 months' validity from the date of entry into Turkey.
- Visa requirements vary by country; patients should check the latest visa requirements at the official Republic of Turkey Electronic Visa Application System at [www.evisa.gov.tr](http://www.evisa.gov.tr).
- Medical documents including dental records, photographs of teeth, and any previous dental treatment documentation.
- Clinics in Turkey offer diagnostic services such as dental examinations to supplement missing medical documents.



## Accommodation Options

Accommodations range from 5-star hotels to more budget-friendly options. Some clinics provide free accommodation, while others may offer special rates or require self-booking. Hospital stays are not typically required for tooth whitening procedures. Average hotel stay per night is around \$50-\$150.



## Transfer Services

- Clinics often offer free airport transfers while some may charge additional fees.
- Popular taxi services such as BiTaksi and iTaksi are available in major cities, with approximate prices starting from \$0.50 per km.



## Interpreter Services

Interpreter services are commonly available. Some clinics include this service free of charge, while others may require payment. It's advisable to confirm with the clinic beforehand.



## Payment Methods

- Cash and credit card payments are widely accepted.
- The local currency is the Turkish Lira (TRY), and it's recommended to have some for smaller expenses.
- Many places also accept US dollars or euros, but it's preferable to pay in the local currency for the best exchange rate.



## Pre-Op Tooth Whitening Tips

- Avoid foods and drinks that stain teeth, such as coffee, tea, and red wine, for at least 24 hours before the procedure.
- Refrain from smoking to prevent discoloration and ensure better results.
- Brush and floss thoroughly before your appointment to remove plaque and debris.
- If you have sensitive teeth, consider using a desensitizing toothpaste a few weeks before the treatment.
- Discuss any dental concerns or allergies with your dentist prior to the whitening procedure.
- Ensure you have a detailed understanding of the post-treatment care instructions which your dentist will provide.
- Plan for a recovery day, as some patients may experience tooth sensitivity following the whitening procedure.



**Connect with a Bookimed coordinator for clinic search and trip planning assistance**

 **Get in touch**

## Bookimed's Accreditation and Expertise Certificates



**900 000+ clients worldwide**

found **best treatment** with Bookimed



**Prepared by Medical Coordinator**

[Yan Matsiievskiy](#)

Your personal medical assistant will be with you shortly.  
Please stay tuned.