Prepare for Your Pancreas Transplant Trip to Turkey



Documents and Visa Requirements

- Valid passport and, if required, a visa to enter Turkey. Ensure your passport has at least 6 months of validity from your planned date of return
- Check the latest visa requirements for Turkey based on your nationality at the official Republic of Turkey Ministry of Foreign Affairs website: www.mfa.gov.tr.
- · Medical documents including health history, list of medications, and any previous surgery reports.
- Clinics in Turkey may provide additional diagnostics and tests if the patient's medical documents are incomplete.



Accommodation Options

Clinics in Turkey may offer hospital stays for the duration of your treatment. Some clinics have partner hotels with special discounts for patients, or you may choose to self-book. While most hospitals provide accommodation, it may not always be free of charge. The average price for a hotel stay per night ranges from \$50 to \$150, depending on the location and hotel category.



Transfer Services

- · Clinics may offer free or paid airport transfers. It's important to confirm this service with the clinic prior to arrival.
- Popular taxi services like BiTaksi and iTaksi operate in major Turkish cities, with approximate fares ranging from \$0.50 to \$0.70 per kilometer.



Interpreter Services

Interpreter services are often provided free of charge by the clinics for non-Turkish speaking patients. However, it's advisable to confirm the availability of this service before your trip.



Payment Methods

- Major credit cards and cash are accepted in Turkey, but it's also wise to carry some local currency (Turkish Lira).
- · While payments in USD or Euros may be possible, having local currency can make smaller transactions more convenient.



Pre-Op Pancreas Transplant Tips

- Follow your doctor's instructions regarding pre-op fasting and medication adjustments.
- Organize your travel documents and medical records for easy access.
- Ensure you have all necessary contact details for the clinic and support services.
- Prepare a list of questions or concerns you may have for your medical team.
- Pack comfortable clothing and personal items necessary for your hospital stay and recovery period.
- Contact your insurance provider to understand your coverage for overseas medical procedures.
- Consider bringing a companion for support during your medical journey.
- Remember to rest and avoid strenuous activities before your surgery.



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Prepared by Medical Coordinator Yan Matsiievskiy

Your personal medical assistant will be with you shortly.

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