

Prepare for Your Stem cell therapy Trip to Turkey



Documents and Visa Requirements

- Passport valid for at least 6 months from the date of entry into Turkey.
- Visa requirements vary by country; check the official e-Visa website of the Republic of Turkey at www.evisa.gov.tr for specifics.
- Medical reports and history, imaging results (X-rays, MRIs), and a referral letter from your local doctor.
- Clinics in Turkey offer diagnostic services if certain medical documents are missing.



Accommodation Options

Accommodation is typically not included in medical packages. Clinics may suggest partner hotels at discounted rates. Hospital stays will depend on the specific procedure and recovery time. For self-booking, the average hotel stay per night ranges from \$50 to \$150.



Transfer Services

- Clinics offer complimentary airport-clinic-airport transfers, including VIP services.
- Popular taxi services like BiTaksi and iTaksi are available, with fares starting around 3 Turkish Lira (TRY) per kilometer.



Interpreter Services

Interpreter services are available on request, often at no additional cost. Please confirm with the clinic beforehand.



Payment Methods

- Clinics accept payment via cash or credit cards.
- The local currency is the Turkish Lira (TRY), and it is advisable to have some for minor expenses.
- Major establishments may accept payment in USD or Euros, but it's best to have local currency for convenience.



Pre-Op Stem cell therapy Tips

- Discuss any current medications with your stem cell therapy doctor.
- Avoid smoking and alcohol consumption for at least a week prior to the procedure.
- Maintain a healthy diet and stay hydrated.
- Plan for a recovery period; bring comfortable clothing and personal items.
- Understand the procedure, risks, and expected outcomes through consultation.
- Ensure you have someone to accompany you if necessary for post-op care.
- Carry emergency contact information and inform the clinic of any allergies or medical conditions.





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 Prepared by Medical Coordinator
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Please stay tuned.