

# Prepare for Your Vaser Liposuction Trip to Turkey



## Documents and Visa Requirements

- Valid passport with at least six months remaining before expiration.
- Return flight ticket for short-term stays.
- Visa requirements vary by country; check the e-Visa portal at [www.evisa.gov.tr](http://www.evisa.gov.tr) or visit the nearest Turkish consulate.
- Medical reports and any previous liposuction records.
- Turkish clinics can provide diagnostics and tests if certain medical documents are missing.



## Accommodation Options

Some clinics offer free accommodation in partner 4\* or 5\* hotels; others may require self-booking. Hospital stays are typically included in the medical package. The average hotel stay per night ranges from \$50 to \$150.



## Transfer Services

- Clinics often provide free airport transfers to and from the hospital.
- Popular taxi services like BiTaksi and iTaksi are available, with fares around \$0.40-\$0.70 per kilometer.



## Interpreter Services

Interpreter services are usually provided free of charge by the clinics for languages like English, German, and Russian. For other languages, there may be a fee involved.



## Payment Methods

- Major credit cards and cash are accepted. ATMs are widely available.
- The local currency is the Turkish Lira (TRY), but USD and EUR are also accepted in many places. Having local cash is recommended for smaller transactions.



## Pre-Op Vaser Liposuction Tips

- Consult with your surgeon and primary care doctor before travel.
- Follow any pre-operative instructions, including fasting and medication adjustments.
- Plan for sufficient recovery time in Turkey before returning home.
- Bring loose, comfortable clothing for post-operative comfort.
- Arrange for local support if necessary during your recovery period.
- Stay hydrated and maintain a healthy diet before and after the procedure.
- Consider travel insurance that covers medical procedures abroad.



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**Prepared by Medical Coordinator**

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